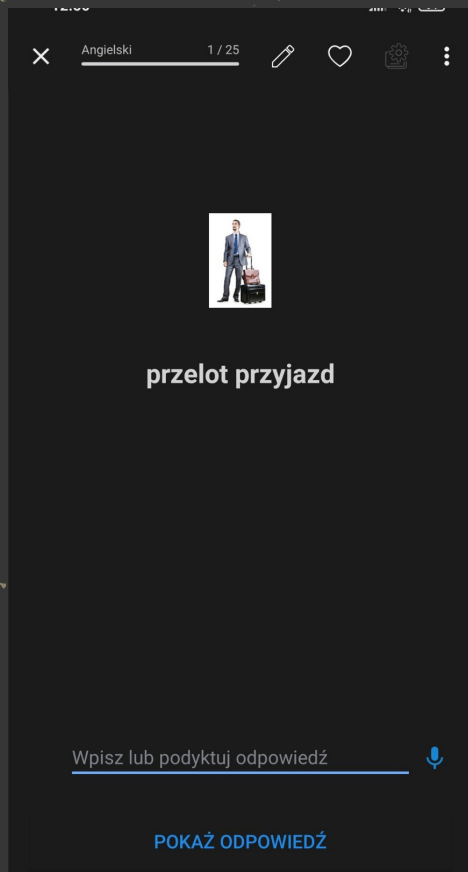




**STUDENTS 4 STUDENTS**

# **HOW TO LEARN ENGLISH EFFECTIVELY?!**

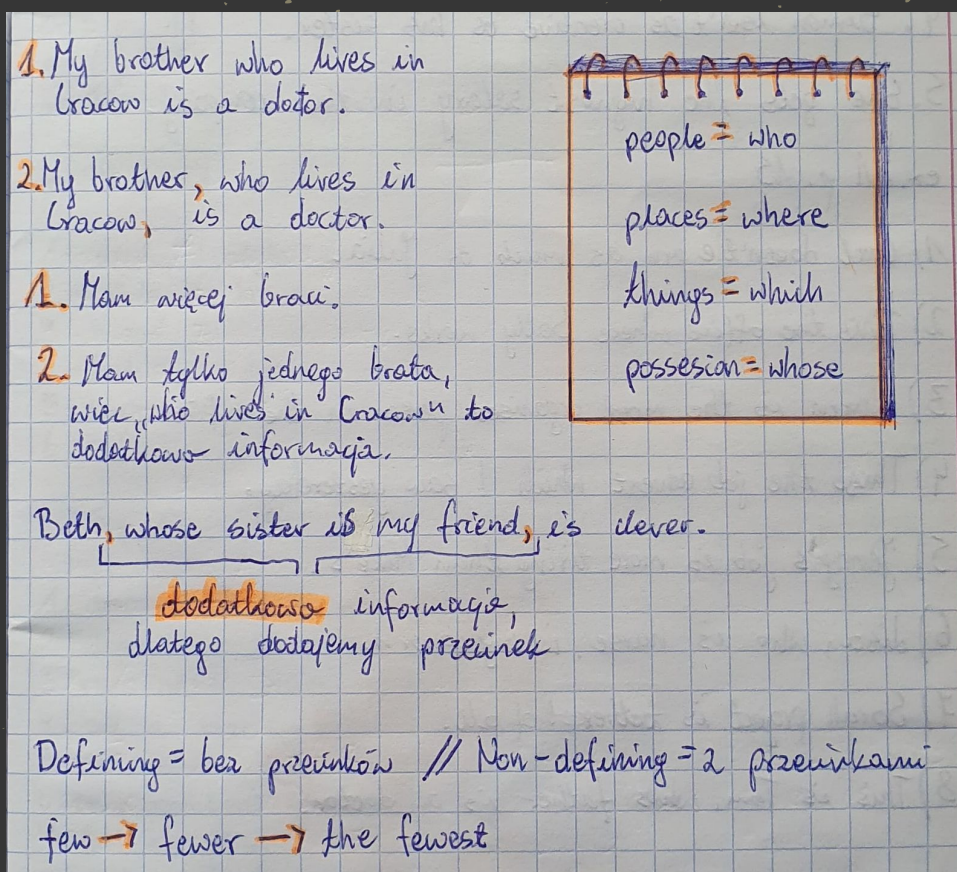
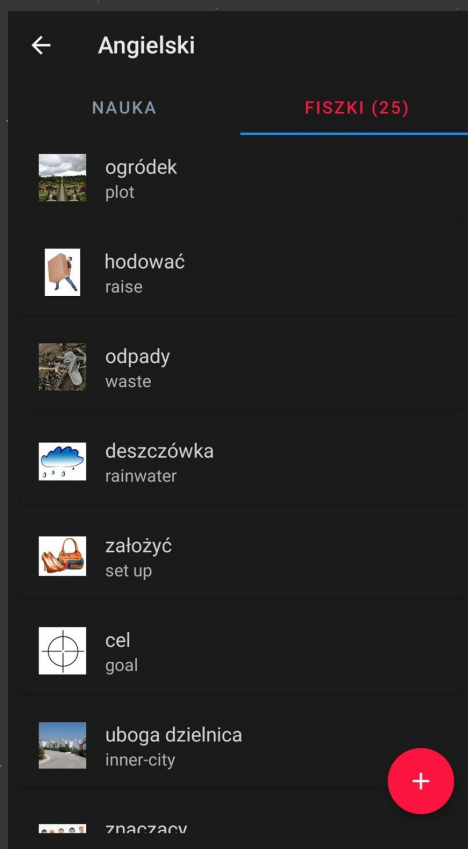
Aleksandra Pawlak, Agata Jurdzińska, Jędrzej Wojna, Julia Kaszyńska,  
Juliusz Nawalaniec, Marta Szumińska, Otylia Hnatzak, Szymon  
Augustynek, Zofia Wawrzyniak.



# PRACTICE

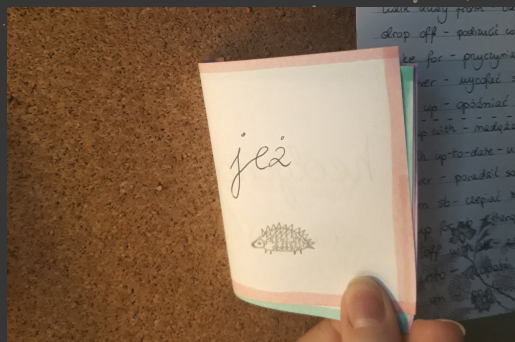
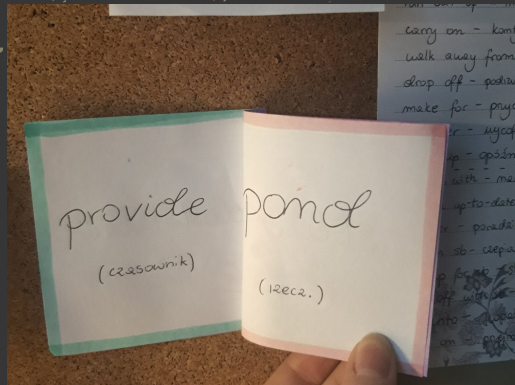
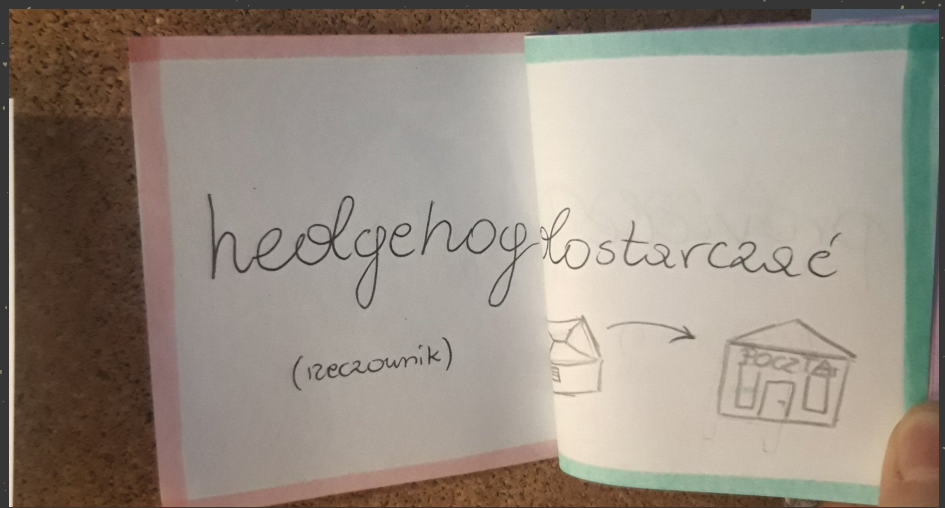
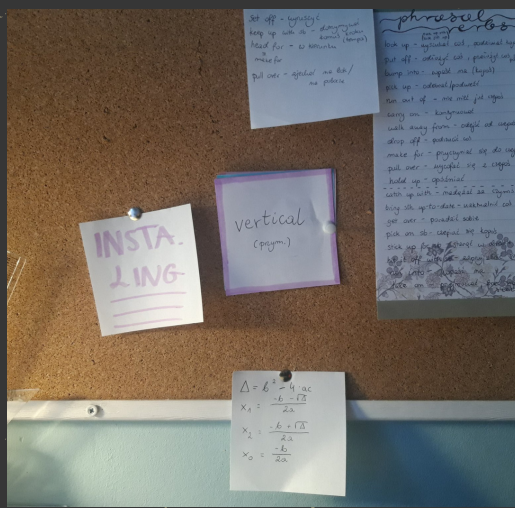
To learn English fluently, you need to repeat the materials discussed in the lesson + learn vocabulary (it will speed up your learning). Plan, for example, 10 minutes a day to repeat/learn vocabulary, 30 minutes every two days for grammar, etc. There are no shortcuts, sorry. Practice, practice, and practice, 'cause practice makes perfect, right?

If your day is too busy and the only time when you're free is for example: driving to school, listen to English music I'm sure it will just make your time better and you will relax while learning at the same time!



I also recommend making flash cards. These can be grammar cards or vocabulary cards. When it comes to phrasal verbs, I recommend that you make associations with them or simply write them down in a place that is visible to you every day, and at free time just look at them and try to remember the next portion of the so-called phrasals.





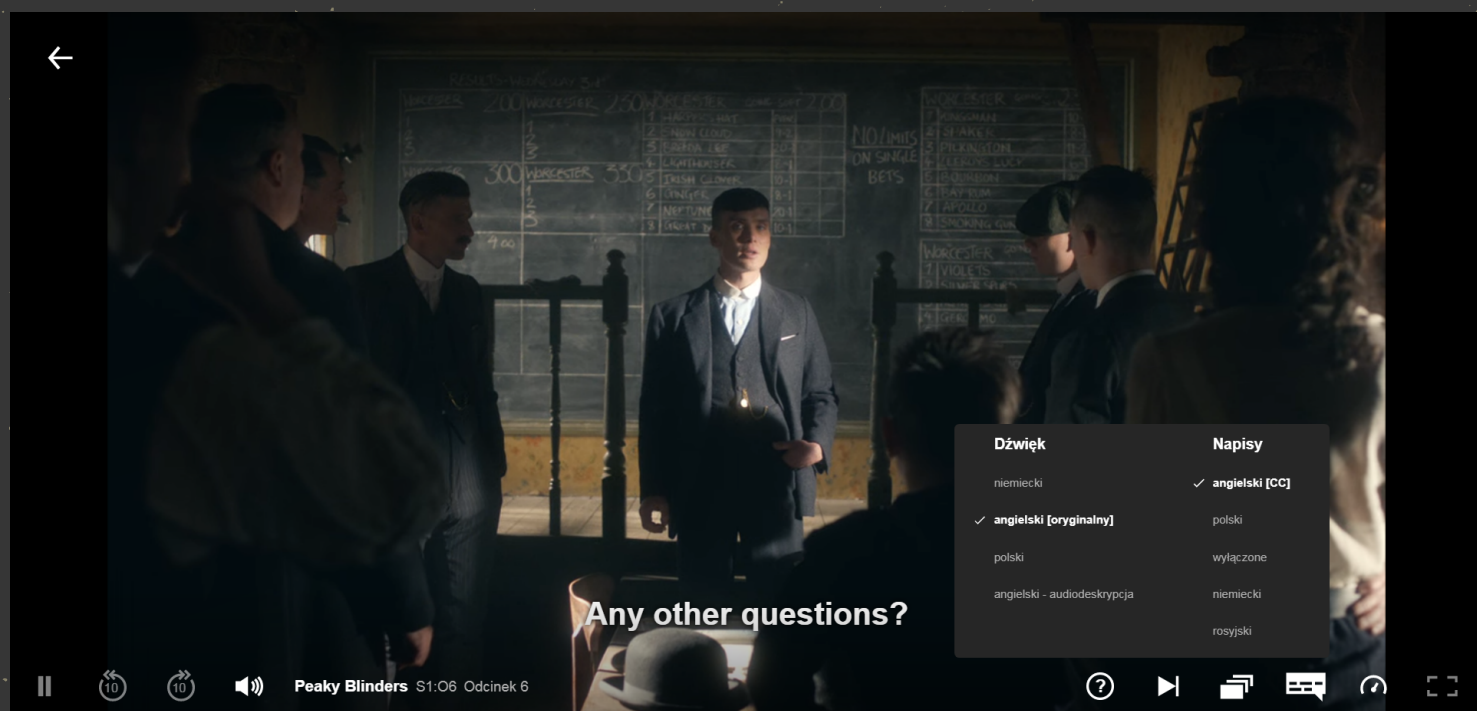
**Also, try writing  
diary/journal in English.  
After some time, go back  
to your old entries and try  
to improve them  
(spelling, grammar,  
vocabulary) - look for  
your mistakes.**

**EXAMPLES OF FLASHCARD  
YOU CAN MAKE**

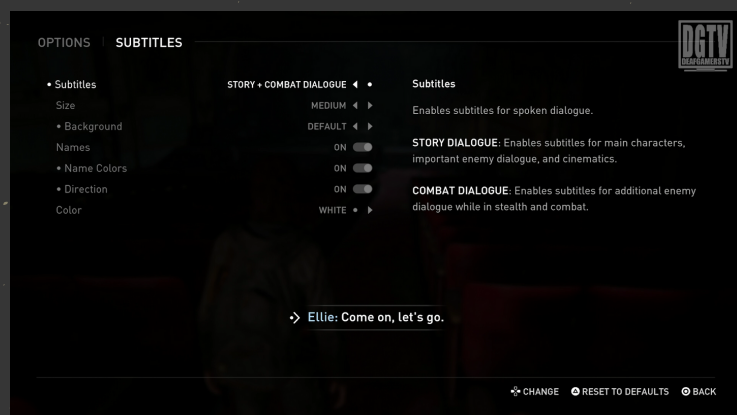


# MOVIES, SERIES, AND GAMES

I bet you watch a movie or one episode of your favourite show at least once a week. Are you watching it in English? Turn on the subtitles and listen to the language, and when you feel confident enough with your English, turn on the English subtitles. When you're watching a movie with Polish subtitles, try to catch unfamiliar words.



If you like video games like I do, you probably know that original character voices are often better than Polish dubbing - try the English version and turn on the subtitles. It'll help you learn new vocabulary and it makes gameplay better :)



My favourite movies with british accent: "Harry Potter", "Sherlock Holmes" i "Sherlock Holmes: A Game of Shadows", "Love actually", "Notting Hill"



# MOVIES, SERIES AND GAMES

In my opinion the best way to study English is to do it during things that you like to do. For example I love watching series and movies so I just turn off polish lector and watch it in english. For example my favourite series is The Vampire Diaries and my favourite movies are Marvel movies but you can really watch whatever you like! If you have problems with understanding you can easily turn on subtitles and you'll still learn English by listening to English sound! Of course sometimes you don't have time to watch long movies or shows. When I don't have time I love watching interviews with my favorite actors and talk shows for example: The Tonight show by Jimmy Fallon or Late Late Show by James Corden.



TV shows/series: "Lucifer", "The Crown", "Sherlock", "Fate The Winx Saga", "Black mirror"



# TALK

What's the best way to learn English? Talking. If you don't know anybody living/from abroad, ask your friends if they would like to practice with you. Write SMS to each other in English, try speaking English, etc.

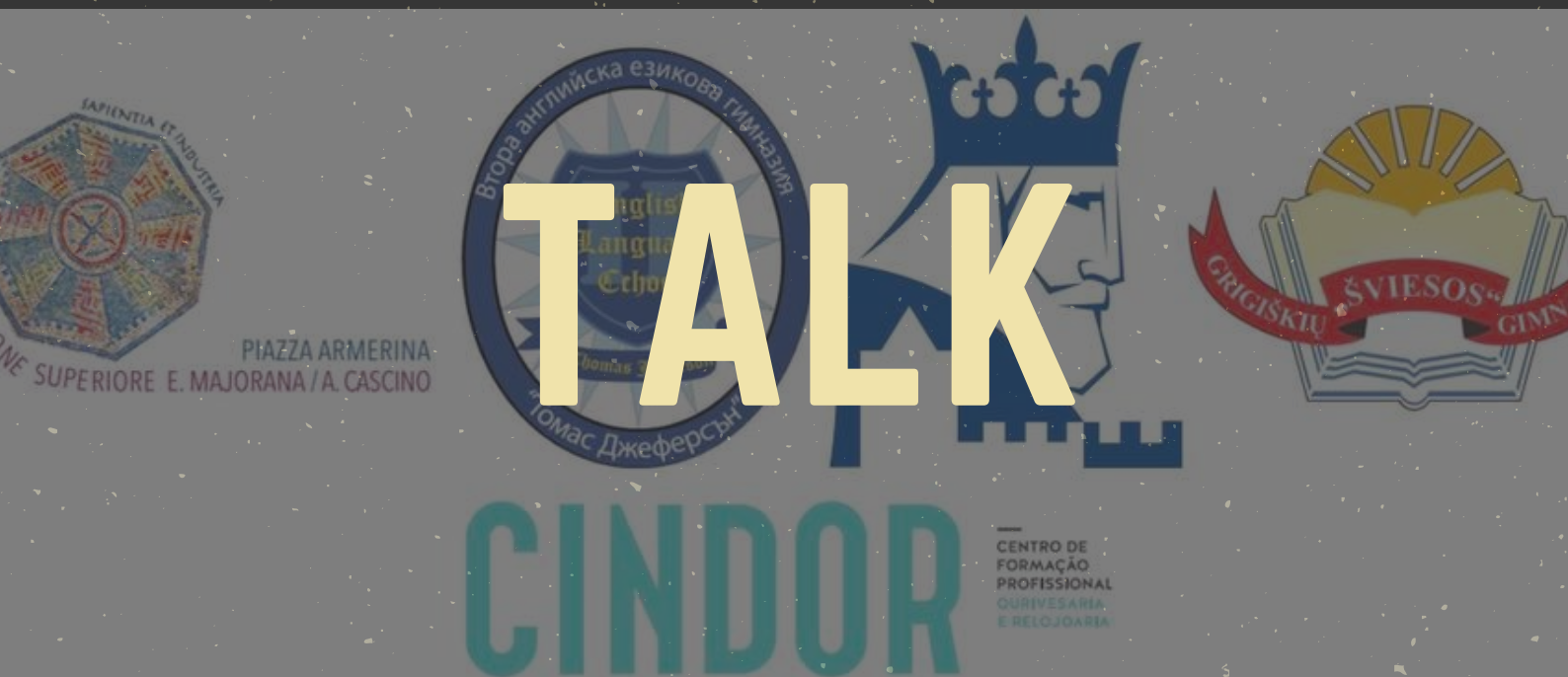
Online games with voice chat, where you can talk to others and practice English are good as well. This is a good idea for people who like playing games and want to improve their language skills. It helped me break some language barriers and speeded up my speaking fluency and understanding others.



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I often talk... to myself. I describe the activities I'm doing, and when I forget a word, I check it immediately and continue describing. I also often comment on movies, series, and books aloud. That way, I practice English practically every day.





I also recommend international student exchanges. I participated in one exchange in Germany (we communicated in English). It was really useful, for example, it gave me the courage to speak another language, and by the way, I learned a lot of phrases that can be used to communicate with peers. In the present situation, international exchanges are unfortunately not possible, but if you have an opportunity to go abroad during the holidays, I recommend talking with foreigners. It can even be buying ice cream or asking for the time.

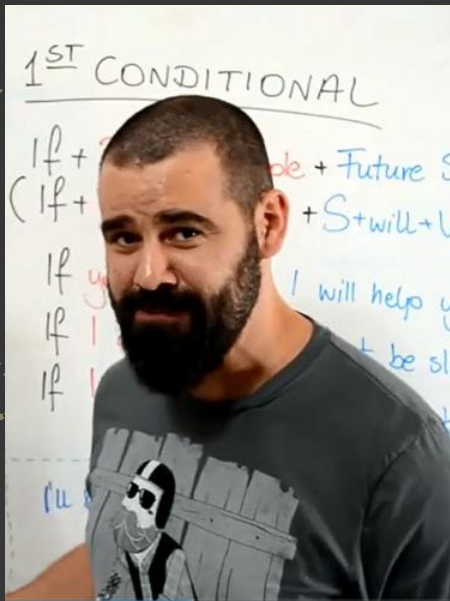
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For example:  
online  
student  
exchange in  
Bulgaria.



# APPS, YOUTUBE CHANNELS...

Try learning from sources other than just the textbook itself. There are many YouTube channels with valuable tips on learning English, such as **Arlena Witt**, who often discusses the pronunciation of words, explains slang words, etc, or **RockYourEnglish**, who explains grammar in a fun and simple way.



Besides YouTube:

**@jakmowicpoangielsku** (TikTok)

**@english\_grammar\_vocabulary\_\_**

(Instagram)

**@english\_with\_marta** (Instagram)

**Duolingo** (application)

**<https://en.forvo.com/>** (website)

**InstaLing** (website)

**Memrise** (website)

**Quizlet** - vocabulary

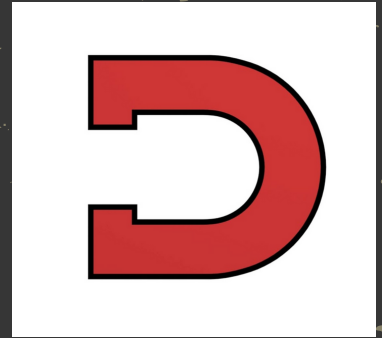
**TikTok** - watching English videos

# APPS, YOUTUBE CHANNELS...

In my opinion the best channels for learning English (for people who know the basics to be able to understand what is mentioned in the videos), for expanding vocabulary, and for practicing pronunciation (I mean listening to different accents and sound of individual words):

.....

**(Daily dose of internet)** This channel posts compilations of interesting videos circulating in the internet. The speaker in these videos speaks in a calm, easy-to-understand language. Due to the variety of videos in these compilations, you can learn a wide variety of vocabulary.



**(MumboJumbo)** This channel is 100% dedicated to the game "Minecraft" which is very popular nowadays because of its simplicity and the range of possibilities it offers. It involves not only combat but also building, which is a very interesting mechanic that allows you to develop your creativity. However, I am not going to do a review of this game. What's most important is that many YouTubers record videos about this game, and I chose one specific person, because he speaks an easy-to-understand language and creates videos that (if someone is interested in this game) are very interesting.

.....



**(Kurzgesagt - In a Nutshell)** On this channel, you can find 'scientific' content answering various questions about the world around us. As in the previous channels recommended by me, all the words spoken in the videos are easy to understand (I mean the voice of the lector, not the words themselves because they are often scientific words which we don't often hear), topics in the videos are captivating, and unlike previous channels, ALMOST all videos have subtitles (English and sometimes Polish as well) which makes it even easier to understand what is being said in the video and it helps to remember the spelling.





# YOUTUBE CHANNELS

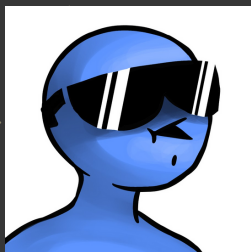
## HONORABLE MENTIONS:



**Danny  
Gonzalez**



**Nikkie  
Tutorials**



**Dani**



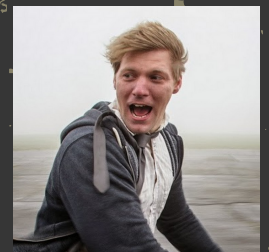
**TheOdd1sOut**



**Veritasium**



**styropyro**



**colinfurze**



**Demolition  
Ranch**



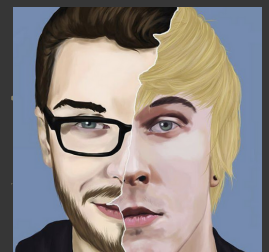
**Forgotten  
Weapons**



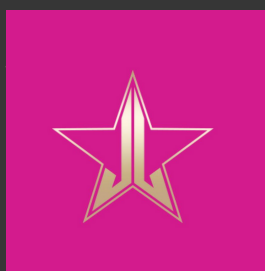
**jackfrags**



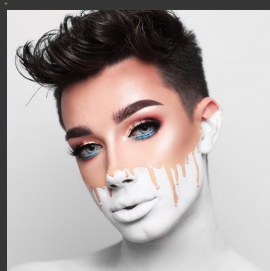
**hickok45**



**Jet Crew**



**Jeffree Star**



**James Charles**

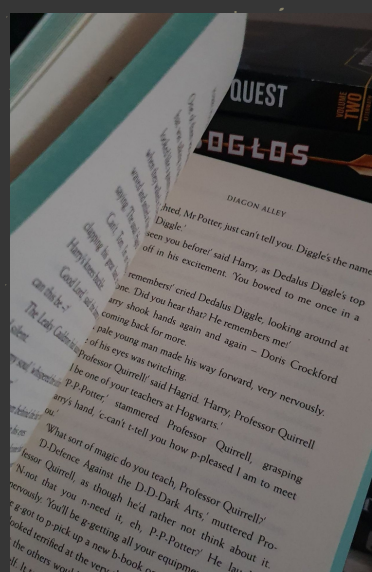
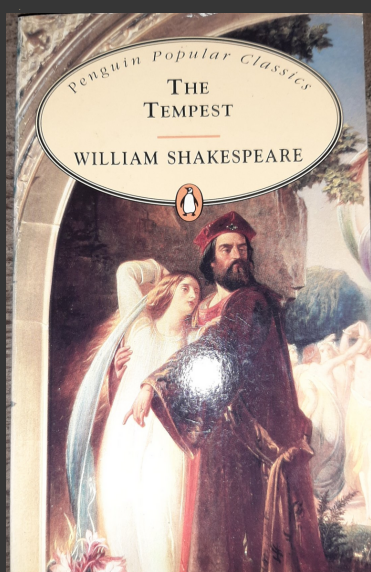
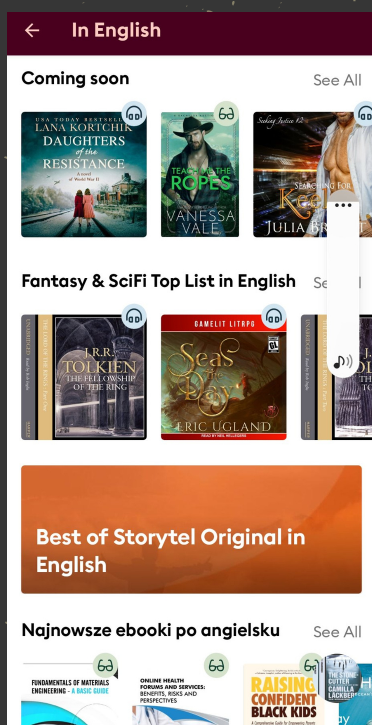
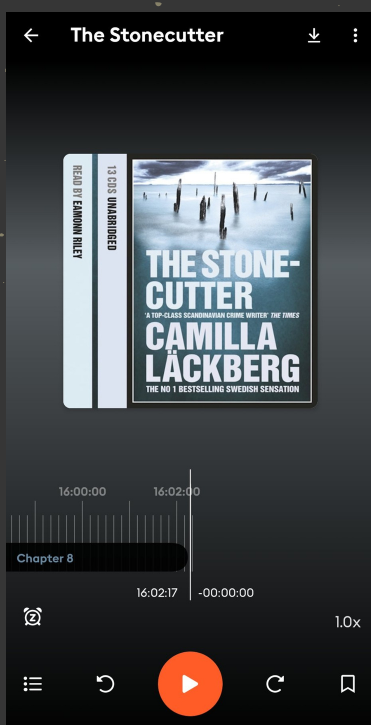
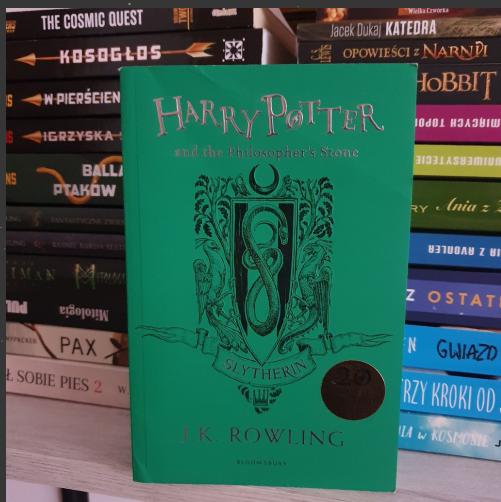


**Flighthouse**



**Brent Rivera**





# READING BOOKS IN ENGLISH

Try reading English books. If you find an unfamiliar word - underline it, repeat it and write it down, make notes in the margin. English books in Poland are more expensive than Polish ones, so buying new books in bookstores is not worth it. On Vinted, Olx, or Facebook groups, there are a lot of books (used by someone but in good condition) at good prices (I like vinted the most). You can find a lot of books there, for example, YA English books for 10/15 zł.

**Project Gutenberg** (you can find English books there). - <https://www.gutenberg.org/>  
**Storytel** - audiobooks and e-books - <https://www.storytel.com>

# READING BOOKS IN ENGLISH

Also, I often read articles in English. Instead of reading Polish scientific researches, I look for it in English. After some time, I've even noticed that I'm looking for information in English without even thinking about choosing a language (even such trivialities as, for example, coronavirus cases in Poland).



Thanks to that I learn new words and practice English regularly.












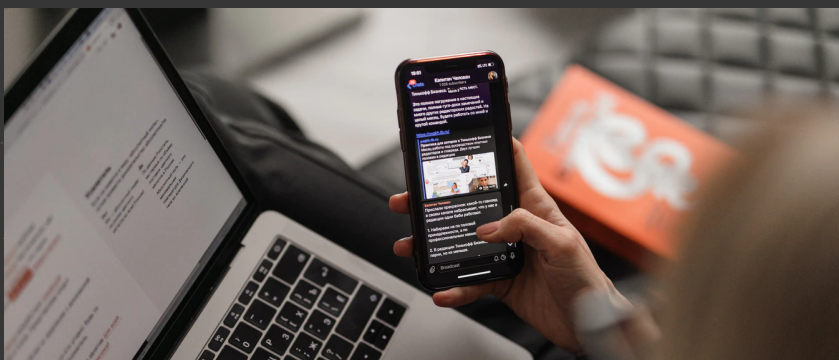
# ENGLISH MUSIC AND DAILY PRACTISES

English music trains catching words. It is a kind of listening training. By trying to understand the songs, I learned faster to understand what other people are saying.

Also, try singing out loud - it helps to practice your pronunciation.

I recommend changing the language in your phone or computer to English - you will learn useful phrases naturally.

	Summer of '69 Bryan Adams	+
	Sweet Child O' Mine Guns N' Roses	+
	I Wanna Dance with Somebody (... Whitney Houston	+
	Take On Me (2015 Remastered V... a-ha	+
	Footloose Kenny Loggins	+
	Another One Bites the Dust Queen	+
	I Think We're Alone Now Tiffany	+
	Don't Stop Believin' Journey	+
	Livin' On a Prayer Bon Jovi	+



lyricstraining

Also check out [lyricstraining.com](https://www.lyricstraining.com)